



**NYFL**  
**BY-LAWS**  
**2025**

## TABLE OF CONTENTS

|                                                           |           |
|-----------------------------------------------------------|-----------|
| <b>THE NATIONAL YOUTH FOOTBALL LEAGUE OF AMERICA.....</b> | <b>1</b>  |
| <b>BY-LAWS.....</b>                                       |           |
| TABLE OF CONTENTS .....                                   | 2         |
| ARTICLE I NAME .....                                      | 5         |
| ARTICLE II OBJECTIVE .....                                | 5         |
| ARTICLE III BENEFITS.....                                 | 5         |
| ARTICLE IV ORGANIZATIONAL STRUCTURE .....                 | 5         |
| ARTICLE V EXECUTIVE BOARD .....                           | 5         |
| ARTICLE VIII ADMISSION TO MEMBERSHIP .....                | 6         |
| ARTICLE IX TERMINATION OF MEMBERSHIP .....                | 7         |
| ARTICLE X LOCAL NYFL CHAPTER.....                         | 7         |
| ARTICLE XI DUTIES OF THE LOCAL NYFL CHAPTER.....          | 8         |
| A. PRESIDENT .....                                        | 8         |
| B. VICE PRESIDENT .....                                   | 8         |
| C. SECRETARY.....                                         | 9         |
| D. TREASURER.....                                         | 9         |
| E. PARLIAMENTARIAN.....                                   | 9         |
| F. VICE PRESIDENT OF CHEERLEADING .....                   | 10        |
| G. VICE PRESIDENT OF SCHOLASTICS.....                     | 10        |
| H. COMMISSIOINERS.....                                    | 11        |
| ARTICLE XII ELECTIONS .....                               | 11        |
| ARTICLE XIII MEETINGS .....                               | 11        |
| ARTICLE XIV RULES OF ORDER.....                           | 12        |
| ARTICLE XVI QUOROM.....                                   | 12        |
| ARTICLE XVII ORDER OF BUSINESS .....                      | 12        |
| ARTICLE XVIII AMENDMENTS.....                             | 12        |
| ARTICLE XIX REVENUE .....                                 | 13        |
| <b>PART II .....</b>                                      | <b>14</b> |

|                                                                   |                              |
|-------------------------------------------------------------------|------------------------------|
| ARTICLE XXI LOCAL CHAPTER REGULATIONS CODE OF CONDUCT .....       | 14                           |
| ARTICLE XXII ADULT CONDUCT .....                                  | 16                           |
| ARTICLE XXIII RECRUITING .....                                    | 16                           |
| ARTICLE XXIV PROTESTS .....                                       | 17                           |
| Procedures:.....                                                  | 17                           |
| ARTICLE XXV CERTIFICATION .....                                   | 18                           |
| ARTICLE XXVI COACHES CERTIFICATION .....                          | 20                           |
| ARTICLE XXVII MANDATORY PLAY RULE .....                           | 20                           |
| ARTICLE XXVIII REGISTRATION .....                                 | 21                           |
| ARTICLE XXIX WEIGH-IN .....                                       | 21                           |
| <b>PART III .....</b>                                             | <b>24</b>                    |
| ARTICLE XXX FOOTBALL RULES .....                                  | 24                           |
| 2. Penalties.....                                                 | 27                           |
| ARTICLE XXXI THE GAMES .....                                      | 27                           |
| (A.) Time of Games .....                                          | 27                           |
| (B.) Age/Divisions.....                                           | 27                           |
| (C.) Points after touchdown.....                                  | 27                           |
| (F.) Interruption of Game Play .....                              | 28                           |
| ARTICLE XXXII SCHEDULE, CONFERENCE, DIVISION, AND RANKING .....   | 28                           |
| (B.) Conferences .....                                            | Error! Bookmark not defined. |
| (C.) Divisions.....                                               | Error! Bookmark not defined. |
| (D.) Playoffs.....                                                | 28                           |
| (E.) Second Round Playoffs .....                                  | 28                           |
| (F.) Tie Breakers .....                                           | 28                           |
| <b>PART IV .....</b>                                              | <b>29</b>                    |
| ARTICLE XXXIII CHEERLEADING RULES .....                           | 29                           |
| (G.) Competition Participation.....                               | 29                           |
| <b>PART V .....</b>                                               | <b>30</b>                    |
| ARTICLE XXXIV PENALTIES.....                                      | 30                           |
| (C.) ADULT OFFENSES .....                                         | 30                           |
| (D.) ENDANGERMENT OF JUVENILES .....                              | 30                           |
| (E.) TEACHING PROHIBITED OFFENSIVE AND DEFENSIVE TECHNIQUES ..... | 30                           |
| (F.) FIGHTING.....                                                | 30                           |
| (G.) CHEATING .....                                               | 30                           |
| (H.) THREATS .....                                                | 31                           |
| (I.) GAMBLING ON GAME OUTCOME .....                               | 31                           |
| (J.) LACK OF COOPERATION/OBSTRUCTION.....                         | 31                           |

|      |                                                   |    |
|------|---------------------------------------------------|----|
| (K.) | CODE OF CONDUCT .....                             | 31 |
| (L.) | VIOLATION OF MANDATORY PLAY RULE.....             | 32 |
| (M.) | Juvenile Offenses .....                           | 32 |
| (N.) | Team & Association Offenses .....                 | 33 |
| 2.   | FIGHTING, RIOTING AND/OR INCITEMENT TO RIOT ..... | 33 |
| 3.   | Ineligible Players.....                           | 34 |

## **PART VI ..... 34**

|                          |                                       |    |
|--------------------------|---------------------------------------|----|
| ARTICLE XXXV RULES ..... |                                       | 34 |
| (A.)                     | Field Dimensions & Equipment.....     | 34 |
| (B.)                     | Coaches on the Field.....             | 34 |
| (C.)                     | Kicking or Blitzing .....             | 35 |
| (D.)                     | Kicks and Non-Kicking Touchbacks..... | 35 |
| (E.)                     | Penalties.....                        | 35 |

## **PART VII ..... 35**

|                 |                 |    |
|-----------------|-----------------|----|
| BOUNDARIES..... |                 | 35 |
| A.              | Exceptions..... | 36 |

**THE NYFL  
BY-LAWS**

**ARTICLE I NAME**

This organization shall be known as **THE NATIONAL YOUTH FOOTBALL LEAGUE OF AMERICA**.

**ARTICLE II OBJECTIVE**

The objective of **THE NYFLOA** shall be to provide youth an opportunity to play football and participate in cheerleading in a supervised, organized and safety-oriented manner and to practice the ideals of sportsmanship, scholarship and physical fitness.

**ARTICLE III BENEFITS**

In recognition of the benefits and services available to this League and its members through its affiliation with THE NYFLOA and the district in which this league is located, privileges and participation in the activities of THE NYFLOA and the district at all times.

**ARTICLE IV ORGANIZATIONAL STRUCTURE**

All directives, protocol THE NYFLOA shall be lead by the \_\_\_\_\_

**ARTICLE V EXECUTIVE BOARD**

The Executive Board of this organization shall be composed of the Founder/CEO, Vice-Chairman and his/her designee. Founder/CEO may implement changes to forward the mission.

Chairman-  
Vice Chairman/Operations  
Director of Protocol/Athletics  
Director of Cheerleading  
Treasurer  
Secretary

The duties of the Executive Board is to advise, govern, oversee policy and direction, and assist with the leadership and general promotion of THE NYFL and their affiliates so as to support the organization's mission and needs.

**ARTICLE VI RESPONSIBILITIES OF EXECUTIVE BOARD**

1. Organizational leadership and advisement
2. Organization of the Executive Board, officers, and committees
3. Formulation and oversight of policies and procedures
4. Financial management, including adoption and oversight of the annual budget

5. Oversight of local NYFLOA chapters, program planning and affiliates
6. Personnel evaluation and staff development
7. Review of organizational and programmatic reports
8. Promotion of the organization
9. Fundraising and outreach

The Executive Board shares these responsibilities while acting in the interest of THE NYFLOA and their affiliates. Each member is expected to make recommendations based on his or her experience and vantage point in the community.

The Executive Board will vote on any issue brought to them by the LOCAL NYFL CHAPTER and may summon any member of its association to a scheduled meeting for clarification of any local NYFLOA chapter.

The Executive Board will sanction all competition; exhibition games, league games, league playoffs, divisional championships, Super bowl and any play with NYFLOA affiliates.

#### **ARTICLE VII MEMBERSHIP**

The membership of the league shall consist of associations, which may be sponsored by Civic Clubs, Fraternal Organizations, Service Clubs, Municipal Recreation Programs, or any other similar community minded Local Organizations who have been duly elected to membership in the manner prescribed by these By-laws.

#### **ARTICLE VIII ADMISSION TO MEMBERSHIP**

Members shall be admitted to the League in the following manner:

- (A.) Proposals for membership shall be submitted to the League President in writing.
- (B.) The President shall refer all such proposals to the Executive Board for investigation and recommendation within 30 days of application receipt.
- (C.) The proposed member will be afforded the opportunity to make an oral presentation to the LOCAL NYFL CHAPTER at a regular league meeting.
- (D.) Thereafter, and after all members have had an opportunity to express objections, if any, to the proposed member, the Executive Board shall approve or reject any such proposal for membership.
- (E.) Inspection of their program's Playing Fields and Facilities for safety & security.
- (F.) Home Fields must have 24-hour access to a public telephone and sanitary facilities.
- (G.) New members to NYFLOA will serve a probation period for at least TWO (2) years.

## **ARTICLE IX TERMINATION OF MEMBERSHIP**

- (A.) Any member may resign from the club provided that all his indebtedness to the club has been paid and that such resignation shall be in writing and approved by the President.
- (B.) Any member charged with conduct unbecoming of THE NYFL or with any act prejudicial to the best interests of THE NYFL and against whom such charges are sustained after opportunity to appear before the Executive Board in his own defense may, at the discretion of the Executive Board, be expelled from membership. Expulsion of any member shall require approval of at least TWO THIRDS (2/3) of the Executive Board. Present at that meeting
- (C.) Any member whose membership in THE NYFLOA has been terminated for any reason whatsoever shall forfeit all rights to the use of THE NYFLOA Name, Emblem or Other Insignia.
- (D.) Any Probationary Member charged with conduct unbecoming to THE NYFLOA or with any act prejudicial to the best interest of the local chapter of THE NYFL and against whom such charges are sustained will automatically be terminated from membership in the League, with no rights of appeal, indefinitely.
- (E.) Members who fail to pay their dues as subscribed by the League will be suspended from THE NYFLOA until dues are paid.

## **ARTICLE X LOCAL NYFL CHAPTER**

The LOCAL NYFL CHAPTER is comprised of:

- (A.) President
- (B.) Vice President
- (C.) Secretary
- (D.) Treasurer
- (.) Parliamentarian
- (F.) Vice President of Cheerleading
- (G.) Vice President of Scholastics
- (H.) Team Commissioners

## **ARTICLE XI DUTIES OF THE LOCAL NYFL CHAPTER**

The LOCAL NYFL CHAPTER will act on, as needed, all business presented to them by the Executive Board.

The LOCAL NYFL CHAPTER will provide and help formulate the League Budget for the current and upcoming year.

The LOCAL NYFL CHAPTER will execute the By-laws and rules in a professional and businesslike manner in the operation of the local NYFL.

### **A. PRESIDENT**

1. The President shall enforce all NYFL Business and policies, rules and regulations established by the LOCAL NYFL CHAPTER and Executive Board.
2. The President shall preside at all meetings of the local NYFL chapter, call Special Meetings, appoint all committees, and perform the duties usually required of the presiding officer.
3. The President shall represent the local NYFL and perform a like function on their behalf in relation to their local chapter.
4. The President shall be ex-officio member of all committees except for the Nominating Committee.
5. The President shall be authorized to be co-signer of local NYFL Checks for disbursements and shall co-sign no check without the full knowledge of what the disbursement is for, and without the instrument being otherwise completed as to the amount and payee.

### **B. VICE PRESIDENT**

1. The Vice President shall perform such duties ordinarily incumbent upon Vice Presidents and such other duties as may be assigned to him or her by the President or Executive Board.
2. The Vice President shall preside at all meetings and perform all the required functions in the absence of the President.
3. The Vice President shall be an ex-officio member of all committees except for the Nominating Committee.
4. The Vice President shall be authorized to be a co-signer of local NYFL checks for disbursements and shall co-sign no check without the full knowledge of what the disbursement is for, and without the instrument being otherwise completed as to the amount and payee.

### **C. SECRETARY**

1. The Secretary shall keep minutes of all Regular and Special Meetings of the local NYFL and of the reports of the local chapter's committees.
2. The Secretary shall be in charge of all meeting notices and communications, maintain all correspondence and records, and maintain a file of the reports of all committees.
3. The Secretary shall keep registration of all members, verify if needed the eligibility of any member present to vote at a Regular Meeting, shall further note the number of duly registered members and officials in attendance of any meeting.
4. The Secretary shall mail or email a meeting notice to all Board Members no later than one (1) week prior to the next scheduled meeting date.

### **D. TREASURER**

1. The Treasurer shall receive and record all monies belonging to the League and shall deposit same in a designated bank.
2. The Treasurer shall make all disbursements by a two (2)-signature check at Regular Monthly Meetings and give a monthly accounting of funds handled in written form. He/she shall also maintain a Petty Cash Fund in the amount of \$100.00 for Incidental Expenditures.
3. The Treasurer shall be authorized to be a co-signer of local NYFL Checks for disbursements and shall co-sign no check without the full knowledge of what the disbursement is for, and without the instrument being otherwise completed as to the amount and payee.
4. The Treasurer shall present a projected budget for the upcoming year and present it to the LOCAL NYFL CHAPTER for approval.
5. The Treasurer shall present a Final Written Financial Report by December 31st of the Current Year.
6. The Treasurer along with THE NYFL Accountant shall make all reports to the IRS and the State of Florida within the deadline times scheduled by these agencies.
7. Any Non-Budgeted Expenditure must have Executive Board approval prior to the commitment of funds.

### **E. PARLIAMENTARIAN**

1. The Parliamentarian shall be responsible for knowing all rules, regulations and bylaws provided by the NYFL.
2. The parliamentary will make any necessary inspection on game day and practice of any league violation.

3. The Parliamentarian shall be responsible for invoking appropriate and necessary fines on offending parties and shall collect requisite amounts from parties within the time designated by the President or the appropriate party.

#### **F. VICE PRESIDENT OF CHEERLEADING**

1. The Vice President of Cheerleading shall be the Official Representative of the local NYFL.
2. The Vice President of Cheerleading shall vote on all matters, which involve cheerleading.
3. The Vice President of Cheerleading shall report the activities of the Cheerleading Committee. She shall also report on all decisions affecting cheerleading to the Cheerleading Commissioners of the various associations.
4. The Vice President of Cheerleading shall present a budget to the LOCAL NYFL CHAPTER for the upcoming year with the assistance of the League Treasurer.
5. The Vice President of Cheerleading shall aid in the election of the Executive Committee for Cheerleading, to handle and contribute to the professional and businesslike operation of the local chapter cheerleading program.
6. The Vice President of Cheerleading shall email copies of all cheerleading minutes to all Executive Board and Members prior to the next scheduled Local NYFL chapter.

#### **G. VICE PRESIDENT OF SCHOLASTICS**

1. The Vice President of Scholastics shall be responsible for the collection and proper reporting of all Scholastic Information required by THE NYFL.
2. The VP of Scholastics shall maintain all Scholastic Records and verify when necessary, the Scholastic eligibility of any Player or Cheerleader.
3. The VP of Scholastics shall be a co-signer of Local NYFL checks for disbursements and shall co-sign no check without the full knowledge of what the disbursement is for, and without the instrument being otherwise completed as to the amount and payee.

## **H. COMMISSIONERS**

1. Coordinate certification prior to the start of the season.
2. Perform all drops and add-ons for parks in their area.
3. Coordinate reporting of all Scholastic Information to the Vice President of Scholastics.
4. Verify compliance of all insurance requirements.
5. Maintain a line of communication to and from their respective parks, channeling all information regarding ineligible participants, complaints, recommendations, and protests, etc.
6. Must follow the rules and regulations establish by the LOCAL NYFL CHAPTER and the Executive Board.

## **ARTICLE XII ELECTIONS**

1. Unless otherwise stated the Founder/Chairman may appoint the President of the local chapter. A member from the Executive Board may be present to validate election.
2. The LOCAL NYFL CHAPTER shall be elected in the following manner:
3. The President shall appoint a Nominating Committee of at least four (4) persons at the OCTOBER Meeting. The committee shall present its slate of officers at the NOVEMBER Meeting for election by a majority vote at the DECEMBER Meeting at which time the floor will be open for nominations from the membership.
4. Officers shall assume their positions as of JANUARY 1st and shall serve for a period of one year or until their successors are duly elected and installed.
5. A vacancy in office shall be filled by a Special Election held at the league meeting following announcement of the vacancy.
6. In the event of a temporary vacancy, the Executive Board, at its discretion, shall appoint a temporary replacement, for the remainder of the term which will be approved by the Full Board, should the timely execution of the vacant officer's duties makes it necessary.

## **ARTICLE XIII MEETINGS**

The local chapter of THE NYFLOA will meet on the FIRST MONDAY of each month DECEMBER THROUGH JULY and BI-MONTHLY AUGUST THROUGH NOVEMBER unless otherwise decided by the Executive Board when necessary. The President is the

only member that may call special meeting of the local chapter. Telephone or email of the time, place and purpose of the Special Meeting shall notify the Membership.

#### **ARTICLE XIV RULES OF ORDER**

All proceedings are to be governed by Robert's Rules of Order.

A Parliamentarian shall be appointed by the President, who shall be familiar with Robert's Rules of Order and make rulings from time to time as to the legality of the conduct of business in the meetings.

#### **ARTICLE XV VOTING**

Except for the president, all board members shall have one vote. In the event of a tie, the **President** shall cast the deciding vote.

#### **ARTICLE XVI QUOROM**

A quorum shall be one more than half of the total *Board Members*.

#### **ARTICLE XVII ORDER OF BUSINESS**

The regular order of business for all meetings shall be as follows:

1. Call to order by President
2. Roll call
3. Reading and approval of minutes of previous meeting
4. Treasurer's Report
5. Reports of Standing Committees and Special Committees
6. Unfinished (Old) business
7. New business
8. Adjournment

*\*Note all board meetings, special meetings or committee meeting minutes must be forwarded to the Executive Board.*

#### **ARTICLE XVIII AMENDMENTS**

An amendment to these By Laws may be introduced at any Regular or Special Meeting of the League. No amendment shall be voted upon at the same meeting in which it is introduced, but shall be voted upon at the Next Regular Meeting, notice of which is required to state that By Law amendment as part of the agenda. Approval by TWO THIRDS (2/3) of the Board is necessary to carry an amendment.

It is recommended that major changes in the operation of the local chapter or Football/Cheerleading Rules be referred to the By Law Committee for study and recommendations at the next meeting. Final approval must be provided by the Executive Board on any by-law changes.

The Executive Board will provide/make additional amendments based on the expansion of or special circumstances pertaining to NYFLOA chapters.

## **ARTICLE XIX REVENUE**

- (A.) This League is organized and shall operate as a Not-For-Profit Organization for social, welfare, civic improvement and other similar Non Profit Purposes. Any income received shall be applied only to the Non Profit Purposes and objectives of THE NYFL, and no part of the income shall inure to the benefit of any officer or member.
- (B.) The Board may impose Meeting Fees as deemed necessary.
- (C.) Each member of the Local NYFL chapter shall pay an Annual Membership Fee which has been established by the Current Year Budget and voted on by the Executive Board. Payment of such fee shall be made no later than the JUNE Meeting.
- (D.) The League shall forward chapter fee to Executive Board.
- (E.) The League may plan or recommend the raising of revenue from sources other than those stated in this Article provided such methods or sources have been approved by the membership.
- (F.) No Association shall collect funds from motorists at street corners or in traffic.
- (G.) A maximum \$25.00 fine will be levied on any organization that fails to have a representative at a Regular Scheduled Meeting, both Football and Cheerleading, with ONE (1) excluded meeting per year without penalty. Until fine is paid said member cannot vote in future meetings.
- (H.) When any association or member is found guilty of violating any NYFLOA Rule or By Law the association will be fined a sum of \$100.00 for each violation with a MAXIMUM OF ONE (1) FINE Per Game.
- (I.) Associations who fail to call in game scores will be fined a maximum of \$25.00 for each violation. Until such fine is paid the said member cannot vote in future meetings. Scores must be called in by 10:00 PM Sunday following the games.

- (J.) Association/Teams, after committing to go to local Playoffs, Bowl, Regional and National Games who fail to keep that commitment will be fined the sum of \$500.00. Failing to pay such fine will result in the forfeit of all rights and privileges until paid.
- (K.) Anyone misappropriating funds will automatically be dismissed from THE NYFLOA.

### **ARTICLE XIX BACKGROUND SCREENINGS**

The intent of this policy is to assure the safety of all of our children. Failure to maintain trust can be devastating to an organization, leading to loss of community support, loss of funding, or even a lawsuit for negligent “selection” of a volunteer. Even when faced with an unfortunate incident involving a volunteer, each organization should fare better by having made a good faith effort to conduct a background check on its employees/volunteers.

- (A.) Mandatory for each individual organization/chapter to conduct a background check on your employees and volunteers who supervise or are responsible for working with our children/young adults.
- (B.) Mandatory that each affiliate organization provide a background screening policy, whether individual, city or county supported to the Executive Board.

*\*Note THE NYFLOA does not conduct background screenings on individuals within the affiliate organizations.*

## **PART II**

### **ARTICLE XXI LOCAL CHAPTER REGULATIONS CODE OF CONDUCT**

- (A.) Each Association will have a liaison for the Officials for the games. This Liaison must be available upon request to the Head Official during the games. Failure to have this Liaison present will result in review and possible sanctions by the Executive Board.
- (B.) Each program must have their sidelines roped or fenced off on both sides of the field, a minimum of FIVE (5) Yards from end to end. Ropes lying on the ground do not constitute being roped off. Failure to do so will result in the forfeit of that game by the Home Team. (Except for the 70 LB games).
- (C.) Coaches
  1. Head Coaches are directly responsible for their Players and Assistant Coaches.
  2. All Head Coaches must attend ONE (1) Rules Clinic and ONE (1) Officials Clinic.

3. Video taping of any PRACTICE other than your own team/association is a penalty. Suspension of the Head Coach and or Assistant Coaches for TWO (2) Weeks for the first offense and second offense will result in suspension for remainder of year.
- (D.) Programs must keep fans behind the restraining ropes/fences or be subject to forfeiture of the game and suspension of the program until appropriate action is taken. This action must be in writing and approved by the Executive Board.
  - (E.) It is also the position of the Local NYFL chapter that in some cases same Officials can help prevent problems with parents and fans by not over reacting to problems with fans who are behind the retaining ropes and that if problems do occur in this area officials are encouraged to display leadership in assisting the liaison in solving the problems.
  - (F.) Any behavior detrimental to NYFL Football or Cheerleading will be dealt with on an individual basis by the Executive Board. It is proper for the Local NYFL chapter to discipline and expel its own personnel, member association, team or adults connected herewith as the need may arise. The LOCAL NYFL CHAPTER of the Local NYFL chapter is empowered to impose penalties in closed-door hearings for cause. However, a member of an organization thus penalized may demand an Open Hearing before the Full Executive Board. The aforementioned hearing and subsequent action will be in full accordance with procedures outlined in THE NYFLOA Rules and Regulations (Administrative Manual - Chapter 13). All appeals must be in writing and accompanied by a fee of \$100.00. This fee to be returned ONLY upon reversal of the Executive Board decision.
  - (G.) Any complaint of Rules Violations, which involve any Local NYFL chapter By Law or rules, Florida High School Activities Association Rules, which are violated, must be presented to the LOCAL NYFL CHAPTER in writing within THIRTY (30) days of occurrence. Failure to do so will result in the rejection of the complaint.
  - (H.) Games suspended or stopped by officials do to interruption (such as threats, racial remarks, coaches conduct and crowd control) will be final. The offending team, coaches and or program will be suspended until such time that the program takes appropriate action. This action must be in writing and approved by the Executive Board.
  - (I.) If a coach or coaches are ejected from a game, he/she must leave the park area and avoid contact with other coaches or his players until the game is over. Failure to comply with this stipulation, which is the stated penalty, will result in forfeiture of the game. A coach ejected from a game must sit out the rest of that game and the next game as well.

- (J.) Each participant in the Local NYFL chapter must be covered by Medical and Liability insurance, listing THE NYFL as an additional insured. Proof of both Medical and Liability Insurance must be turned in prior to JULY 1st of the Current Year. Failure to do so will result in the suspension of the offending program. Programs that start practice without insurance are subject to disciplinary action.

### **ARTICLE XXII ADULT CONDUCT**

The following is the policy of the NYFL, and will be enforced at all Associated Parks. Please remember that NYFL events are for your children. Adults are expected to act accordingly.

1. At any NYFLOA event, practice, or competition, any adult who: 1) verbally abuses; 2) attempts to intimidate; 3) is flagrantly rude, or 4) cannot control their language or actions with an official, coach, or NYFL volunteer will be asked to leave THE NYFLOA event. He or she will receive a written warning regarding their behavior. His or her child (ren) may be removed from THE NYFL event.
2. An adult that commits a second similar offense will be banned from NYFL events for the remainder of that season and their child (ren) may be removed from NYFL for the remainder of that season.
3. Any adult who physically assaults an official, coach, or NYFLOA volunteer will be banned from NYFLOA and their child (ren) may be removed from THE NYFLOA program for a minimum of one year from the date of the offense. The child (ren), if removed, may not participate in another NYFLOA Association during the sanction period. After a minimum of one year, the parent may apply for reinstatement and for that of his or her child (ren). If the adult commits a second offense, he or she will be permanently banned from NYFL and the child (ren) may be permanently removed from NYFL.
4. The term physical assault includes, but is not limited to hitting, slapping, pushing, spitting, kicking, or striking in any way with any part of the body or any physical implement.

### **ARTICLE XXIII RECRUITING**

Coaches, Park Commissioners, anyone connected with, or providing financial assistance to, in any manner, an Associations' Football/Cheerleading Program shall not:

- (A.) Contact players, who have not played at that park the previous year because they played at another NYFL Park, either by telephone or any other means of communications specifically directed to the player.

- (B.) Offer a player any form of compensation, either direct payments or furnishing certain personal equipment or trips, as an inducement to play for a certain park and or coach.
- (C.) Any recruiting must be directed at all boys and girls and must promote NYFLOA Football and Cheerleading. However a Member Organization can send out any type of advertisement (radio, TV or posters) it desires.
- (D.) Documented cases of recruitment will be handled by the LOCAL NYFL CHAPTER or Executive Board if it crosses local chapter boundaries as a rule violation and penalties assessed by due process.
- (E.) Any coach changing parks from one year to the next shall not be permitted to coach a team at the same level or one level above the weight level in which he/she coached the Previous Year.
- (F.) Any coach who changes parks from one year to the next may not solicit players who previously played for him/her on a NYFLOA Football/Cheerleading Team by any means of communication either by telephone, written word or any kind of personal contact.
- (G.) Penalties applied for recruiting are as follows:
  - 1. Suspension of head coach and/or staff for ONE (1) Year.
  - 2. Putting park on suspension.
  - 3. Forfeiture of games Recruited Player participated in.
  - 4. Any combination of the above.

## **ARTICLE XXIV PROTESTS**

Protests will be considered ONLY with respect to player eligibility and violation of the Mandatory Play Rule as set forth in ARTICLE XXI of the by Laws and ARTICLE 20 of the Cheerleading Rules of THE NYFLOA Football current year rules & regulations. The protest procedure is not available with regard to interpretation of an application of any rules of play.

### **Procedures:**

- 1. A protest may only be initiated by providing the President of the local chapter with a type written letter which clearly states the rule or rules which were allegedly violated and the facts surrounding the alleged violation.
- 2. This letter must be delivered to the President of the local chapter no later than 5:00 PM on the Monday immediately following the game in question.

3. The protest letter must be accompanied by a \$50.00 protest application fee (which will be refunded if the protest is successful) and must be signed by the Football Commissioner of the park making the protest or his/her duly designated Assistant Commissioner in case of the Football Commissioners' absence.
4. The President of the local NYFLOA chapter shall promptly notify the Football Commissioner of the park against whom the protest is lodged and shall conduct an appropriate investigation such that the protest may be discussed at a local NYFLOA chapter Meeting. Determination of the protest may be reached at the next regularly scheduled meeting of the Board or within TEN (10) days whichever comes first.
5. If either the park which lodged the protest or the park against who the protest was lodged wishes to appeal the decision of the Board, a Formal Hearing will be held in accordance with the Current NYFLOA Rule Book. A request that such hearing procedures be initiated shall be made by type written letter within FORTY EIGHT (48) Hours of the decision of Board and shall be delivered together with a \$50.00 Appeal Fee (which will be refunded if the appeal is successful) to the President of the local NYFLOA chapter. Thereafter, with at least SEVEN (7) days advance notice of a hearing date, such date and time shall be set and the hearing will be conducted in accordance with the Administrative Manual.
6. The appeal process shall be handled by the Executive Board.
7. The appeal panel will conduct the hearing on the appeal in accordance with the Current NYFLOA Rule Book and each member of the panel shall cast his or her vote after private deliberations by secret ballot. There shall be no further appeals from the decision of the appeal panel, which is FINAL.

## **ARTICLE XXV CERTIFICATION**

- (A.) All Football Players and Cheerleaders will have Local NYFL COLOR CODED Identification Cards as required by Regional NYFL Scholars and Cheer.
- (B.) Birth Certificates Florida ID and Current Year Photographs of players must be attached (glued or taped) to the color-coded Identification Card.
- (C.) Birth Certificates and/or Passports are the ONLY proof of age allowed.
- (D.) All Rosters and Identification Cards MUST BE TYPED and in NUMERICAL ORDER or written legibly.
- (E.) All spaces MUST be filled in.

- (F.) PARK COMMISSIONERS ONLY will certify their teams and are responsible for errors in the rosters and certification cards.
- (G.) All signatures must be in BLUE INK.
- (H.) CARD COLORS: ORANGEBOWL Provided
- (I.) FOUR (4) Copies of the roster (3 for the League and 1 for the Park) will be brought to certification along with School ID Cards or state ID of those football 15 years of age.
- (J.) NO New Players may be added to a team roster after the THIRD (3rd) Week of the Season and NO Additions to the roster shall be certified AFTER THE WEDNESDAY PRIOR TO A GAME.
- (K.) Certification will be held on the weekend prior to the start of the season, with day and time to be set by the Executive Board.
- (L.) The Park Commissioner MUST signs each roster before being certified.
- (M.) All certification cards must be clearly marked or stamped.
- (N.) All players who are on a Certified Team Roster must have weighed in with the original MAXIMUM and MINIMUM Certified weights of the First Seasonal Game. Players who are overweight, under weight or not at the First Seasonal Game must still make the weight of the first game.
- (O.) Teams failing to certify on the Original Certification Date will forfeit the First Game of the Season and the games SHALL NOT be played OVER.
- (P.) All Players/Cheerleaders must be on a properly completed National Scholastic Roster on the Original Certification Date in order for a team to be certified.
  - 1. Football Teams without this information will not be certified and will forfeit all games until certified.
  - 2. Cheerleading Squads without this information will not be eligible to cheer until certified and shall be fined \$100.00 per game per squad.
- (Q.) Once a Player/Spirit participant plays or cheers in a regular season game, he/she cannot be certified at another park during the same season.
- (R.) YOU CAN NOT certify a football player in the 10th grade. Unless he is 14 years of age.

## **ARTICLE XXVI COACHES CERTIFICATION**

- (A.) It is the position of the local NYFL chapter that all Associations are encouraged to have their Head Coaches and Commissioner Certified by the N.Y.S.C.A., However until such time as the N.Y.S.C.A. provides Football Specific Training and is able to provide DEFINITIVE VERIFICATION of such certification, such certification shall not be mandatory.
- (B.) The Coaches Certification Committee will keep records of all coaches who have become certified and will provide the list to the LOCAL NYFL CHAPTER and Executive Board on or before July 2. If a coach is not certified he/she cannot Coach.
- (C.) A Coach can only be certified to Coach at one park in the same Year. If certified with park 1 He/She CAN NOT COACH at Park 2 IN THE SAME YEAR. Head Coach an Asst Head Coach ONLY.
- (D.) The Coaches Certification Committee will provide to the Board at the MAY Meeting a list of Dates, Sites, Contact Persons and Telephone numbers for the coaches to contact in order to register for one of the clinics.
- (E.) Badges are to be worn at all time's by Coaches games/practice if not \$50 fine.
- (F.) If you do not have a BADGE ON YOU CAN NOT COACH.
- (G.) Only Certified Coaches can have a Badge.
- (H.) Only (2) Team Mom and (1) Dad per Team and they have to be certified.
- (I.) ALL COACHES MUST PASS A NCIC-FCIC BACKGROUND CHECK.

## **ARTICLE XXVII MANDATORY PLAY RULE**

The local NYFLOA chapter shall assure that it meets the philosophy of NYFLOA Scholars Cheer that all children should participate in the game of Tackle Football. The League will abide by RULE 2, of the Current Rule Book.

- (A.) All teams shall strictly follow the Mandatory Play Rule. 6 mandatory plays per game. Excluding special teams play.
- (B.) Each team shall use the National MPR Sheet and shall provide a spotter for the Opposing Team.

- (C.) Game Officials will notify both Head Coaches at the end of the 3rd Quarter of play that any player who has not met the MPR should now be placed in the game.
- (D.) Any Player who has not met the MPR by the end of the 3rd Quarter, according to the MPR Sheet, MUST start the 4th Quarter, regardless of whether that team is on Offense or Defense. These players shall remain in the game until they have met the MPR. The MPR Sheet shall be considered the FINAL WORD and may not be overruled by ANY Coach or Commissioner.
- (E.) Any team which does not immediately insert those players who have not met the MPR at the beginning of the 4th Quarter shall forfeit that game, and the Head Coach shall be suspended for the following game for the FIRST violation.
- (F.) Any Coach found guilty of violating the MPR during a Playoff or Bowl Game shall forfeit that game and be suspended for the Next Season.
- (G.) Violations of the MPR will be investigated by the LOCAL NYFL CHAPTER.

#### **ARTICLE XXVIII REGISTRATION**

- (A.) No player registration is permitted by any association prior to the FIRST SATURDAY IN MAY.
- (B.) No player can play in more than one PROGRAM at the same time, which includes Freshman High School Football/Cheerleading Programs. After a player has registered to play for any member program he/she may not play for any other program during that Football Season. This may be waived only when the player/cheerleader has completely returned all equipment to the program involved and a written release is given.
- (H.) As part of the registration process, no participant shall be permitted to participate in any activities until the participants' parents or guardian as well as the participant himself has signed a release. All associations should insure that the participant, parent or guardian is made fully aware of the provisions of the agreement before signing.

#### **ARTICLE XXIX**

#### **WEIGH-IN BOOK CHECK ONLY**

| Division of Play | Age*<br><b>AS OF JULY 1</b> | Weight<br><b>UNLIMITED</b> |
|------------------|-----------------------------|----------------------------|
| <b>5U</b>        | <b>5</b>                    | <b>UNLIMITED</b>           |
| <b>6U</b>        | <b>6</b>                    | <b>UNLIMITED</b>           |
| <b>8U</b>        | <b>8</b>                    | <b>UNLIMITED</b>           |
| <b>10U</b>       | <b>10</b>                   | <b>UNLIMITED</b>           |
| <b>12U</b>       | <b>12</b>                   | <b>UNLIMITED</b>           |
| <b>14U</b>       | <b>14</b>                   | <b>UNLIMITED</b>           |
|                  |                             |                            |
|                  |                             |                            |
|                  |                             |                            |

- (A.) In season the weight unlimited.
- (B.) The team playing the first games of the day will normally book off 30 minutes before the scheduled game time. With late Book Check up to the start of the game time. Consideration will be given to the teams that travel a long distance.
- (C.) On following games, teams will book off at half time of the preceding games or 30 minutes before the start of the next game. With late Book Check up to the start of the game.
- (D.) At the start of the game each coaches are to present their **MINIMUM PLAY ROSTER** to the in official, who will sign and present same to opposing coach after the weigh-ins are completed and present ID Cards. The Book Check Masters' word is final.
1. At all Book Check in **TWO (2)** copies of the **MINIMUM PLAY ROSTER** will be supplied. One will go to the opposing coach and other copy (**WITH JERSEY NUMBERS WRITTEN IN**) will be given to the Head Official before the start of the game.
  2. Failure to supply the Head Official with a copy of the **MINIMUM PLAY ROSTER** will result in the following penalties.
- (E.) First Time Offense, that particular team will lose all rights to Home Field Advantage during **ALL** Playoff Rounds.
- (F.) Second Time Offense, the Head Coach will be suspended for his teams' next game. This penalty will also be in effect for all playoff rounds, and **THE NYFL Bowl Games**. (This rule will have **NO** effect to the Coaches Code of Conduct).

(G.) After the Third Time, then and only then the forfeiture of the game by one or both teams will be deemed necessary.

1. The Head Official will record the result of the game (any ejections, problems, scores, etc.) and mail the roster to the Local NYFL chapter League.

(H.) Player check in will be conducted by the Home Team Park Commissioner or his designee. NO MORE THAN TWO (1) Representatives from each team will be allowed in the weigh-in room.

(I.) All players must Check in with his card marked at each game,

(J.) All opposing team **MPR ROSTERS** will be kept in case of protest.

- (k.) Certification cards are the property of THE NYFL and must be surrendered upon request of the Executive Board. Failure to do so will result in the suspension of the Coach and the Member Association.
- (L.) Check in MUST occur at ANY NYFLOA sanctioned game or event (Pre season, Jamborees, etc.).
- (M.) Any Board Member other than the Home Association Member is authorized to Check in Home Teams when the Visiting Team fails to appear 30 minutes before the start of the game.
- (N.) If there is a doubt on any player's eligibility by any Certified Coach during a game, that Coach is to go to a Park Commissioner or Board Member with his/her question and that Park Commissioner or Board Member may check the Certification Book in question, after Check in, ONE TIME ONLY, anytime during the game.
- (O.) Teams not present or ready to play 30 minutes after the scheduled game time or the ending of the preceding game will forfeit the game.
- .
- (P.) Certification Cards are to be signed when players exit the Check in area
- (Q.) Once a player(s) leaves the Check in area they are considered Check in.
- (R.) Failure to Check in will result in forfeiture of game(s) and suspension of the Head Coach for ONE (1) Year.

### **PART III**

#### **ARTICLE XXX FOOTBALL RULES**

The Local NYFL chapter will play under rules of the Current Rule Book for that year.

- (A.) THE NYFL will play under Football Rules set out by the National Federation of High School Athletic Association and the Florida High School Activities Association except those modified by the By Laws and Regulations of THE NYFL Scholar and Cheer, Inc.
- (B.) In a Calendar Year a player who is certified by the FHSAA to play football shall be ineligible to participate on a Local NYFL chapter Team for that year.
- (C.) Pee wee will be optional 11 man football game play and minimum players to be eligible are 8. Coaches are allowed on the field for Pee Wee, 6u, and 8U.
- (D.) SIXTEEN (14) Players must be dressed and eligible to play at each game. A team which fails to dress the minimum number of players shall forfeit the game and the game shall not be played. The MAXIMUM Players you can dress is 30 Per Team.
- (E.) In breaking a tie all Teams in all divisions will ONLY have 1 Possessions of the ball to break the tie. In all divisions the League shall break ties in Post Season Play using established High School Tie Breaking Systems.
- (F.) Participants who fail to return equipment issued to them (both football and cheerleading) are ineligible to participate in NYFLOA until such equipment is returned.
- (G.) Any behavior detrimental to NYFL Football and Cheerleading such as (cursing, taunting, fighting, or egging-on of an opponent in a manner, which may result in a fight or riot by players, coaches or is allowed by coaches) will result in the following penalties.
1. Forfeiture of the game and suspension of the Coaching Staff for TWO (2) games.
  2. Second Offense, forfeiture of the season and suspension of Coaching Staff for ONE (1) Year and the Park being put on probation.
- (H.) Football Sizes for each division are:
- |       |     |
|-------|-----|
| (6U)  | K2  |
| (8U)  | K2  |
| (10U) | TDJ |
| (12U) | TDY |
| (14U) | TDY |
- .
- (I.) All football equipment must meet safety standards established by Florida High School Rules.

- (J.) Jamboree and Bowl Games (Local and out of town) must have prior approval from the Executive Board. The request must be in writing from the Park Commissioner and included in the request must be the location and team intending to play. Failure to do so will result in a penalty of up to \$500.00 fine and suspension from any jamboree or out of town games.
- (K.) Association or commissioner must submit a Post Game Report (Bowl Games Only) within TEN (10) days after the game to the Local NYFL chapter. Failure to do so can result in up to \$500.00 fine.
- (L.) The First Two Weeks of practice will be devoted entirely and exclusively to conditioning not wearing pads, however helmets will be permitted.
- (M.) Teams found guilty of using an ineligible player at any time during the season will be penalized as follows:
1. Forfeit all rights to become League Champion and prohibited from participating in any Playoffs Championship or Bowl Games. (Rule 20-21) This will include older but lighter Players who were placed on a regular roster and ID Card.
  2. Forfeiture of all games in which the ineligible player was a member of the team (on a Certified Roster whether or not he played in the game).
- (N.) The Local NYFL chapter does not condone the cutting of players/cheerleaders (arbitrary cutting of participants who have in good faith signed up to play or cheer) from the roster. No participant may be denied a place to play or cheer.
1. Teams/Programs failing to keep faith with players/cheerleaders will be charged as stated in the National Rule Book Part IV, Team Association Offenses.
- (O.) Coaches/players ejected from games by officials are to sit out one game (including the game ejected) for the first ejection and suspension for the remainder of the season for the second ejection.
- (P.) Lop sided scores will be declared when a difference of 24 POINTS exists.
- (Q.) It is the position of the local NYFLOA chapter that all games should be played in a DRUG AND ALCOHOL FREE environment and that gambling on game outcomes in the parks during games also creates a dangerous environment, Therefore:
1. NO games shall be played where any Alcohol, Drugs or gambling are present in the vicinity of the Playing Field. Park Commissioners shall take every action available to ensure that the above stated activities do not take place or that they are stopped as soon as they become known.

2. Penalties

- a. Any games stopped or canceled due to the above will be re-scheduled at the Opposing Teams' Park by the League President.
- b. 1st Violation--Park will be placed on notice that they are in danger of sanctions and they shall respond, in writing, within FIVE (5) Days of the corrective actions to be taken.
- c. Parks with subsequent complaints or violations will be placed on probation with loss of their remaining Home Games.

(R.) No Electric or Battery Powered Megaphones are allowed at any NYFLOA Event. (This rule shall not apply to Official Game Announcers).

## ARTICLE XXXI THE GAMES

(A.) Time of Games

1. The Local NYFL chapter has the right to set times and dates. One Park shall host all Home Games, which are scheduled.
2. Teams/Programs that change dates and times without authorization from the LOCAL NYFL CHAPTER will forfeit such games and are obligated to pay the games Officials Fees.

(B.) Age/Divisions

|     |  |  |                                     |
|-----|--|--|-------------------------------------|
| 5u  |  |  | 6 Minute Quarters- Standard Clock   |
| 6u  |  |  | 6 Minute Quarters - Standard Clock  |
| 8u  |  |  | 8 Minutes Quarters- Standard Clock  |
| 10u |  |  | 8 Minute Quarters - Standard Clock  |
| 12u |  |  | 10 Minutes quarters- Standard Clock |
| 14u |  |  | 10 Minute Quarters - Standard Clock |
|     |  |  |                                     |
|     |  |  |                                     |
|     |  |  |                                     |

(C.) Points after touchdown

1. One point if run or passed over line
2. Two points if ball is kicked between goal posts

(D.) Any Home Park who cancels a game and fails to notify the Visiting Park **NOT LESS THAN 24 HOURS** prior to the scheduled start of the game will have the game rescheduled at the Visiting Parks Field.

(E.) Teams/Squads who fail to appear at regular scheduled competition (both Football and Cheerleading) without a satisfactory explanation will be subject to a fine of \$100.00.

(F.) Interruption of Game Play

1. Games interrupted, suspended or canceled can only be rescheduled with League approval. If not rescheduled the LOCAL NYFL CHAPTER will have the right to declare a winner.
2. Games suspended or stopped by referees due to interruptions by players, coaches, parents or the Park Commissioner will be final and not completed.
3. In this case the LOCAL NYFL CHAPTER will decide the final outcome (score stands, forfeiture by offending team, or forfeiture by both teams).

(G.) Players wearing hard casts, splints, etc. WILL NOT be allowed to participate in any NYFLOA game.

## **ARTICLE XXXII SCHEDULE, CONFERENCE, DIVISION, AND RANKING**

(A.) All weight classes shall be allowed to play a full schedule, including Bowl Games according to the most current edition of the National NYFLOA Rule Book.

(B) Playoffs

1. TWO (2) Division Winners & THREE (3) Wild Cards
2. First Round
  - a. Top TWO (2) Division Winners shall have 1st Round BYE.

(C) Second Round Playoffs

- a. **1st Division Winner vs. 1st Round Winner with worst record**
  - b. **2nd Division Winner vs. 1st Round Winner with best record**
1. THE NYFLOA Bowl will be played by the two remaining winners.
2. Conference 2 Teams will follow the above playoff system
3. **NYFLOA CAN MOVE YOUR PLAYOFF GAME'S TO A NYFLOA SITE.**

(D.) Tie Breakers

1. The methods for deciding tie breakers are:
  - a. Best Overall Record

- b. Head to Head
- c. Kansas City Tiebreaker

## **PART IV**

### **ARTICLE XXXIII CHEERLEADING RULES**

- (A.) The Local NYFL chapter Cheerleading will adhere to and abide by all of the rules as they are outlined in the Current Year NYFL Rule Book and in Local NYFL chapter. By Laws with special attention centered on the section titled "NYFL Cheerleading" for specific guidelines on cheerleading and related matters such as squad formation, safety rules, etc.
- (B.) A committee shall be comprised of Commissioner Representatives from each participating member park and headed by the Vice President of Cheerleading, who holds an elected position and will represent this committee in matters of the Association at the HLA Level.
- (C.) The NYFLOA Director of Cheerleading will also appoint an Executive Committee, which will be comprised of herself, appointed members and TWO (2) members who will be selected by local NYFL chapters and will aid in handling the general operations and decision making along with matters of budget, policies and procedures, matters of By Laws and their execution, record keeping and parliamentary procedures within this committee.
- (D.) The Vice President of Cheerleading shall sit on the LOCAL NYFL CHAPTER and represent this committee in all matters relating to Cheerleading. She will relay and obtain rulings on any matters necessary in the running of Cheerleading and will relay the decisions, requests, interpretations and judgments of Executive Committee to the Local NYFLOA chapter.
- (E.) If a certified cheerleader is missing from competition, a form letter must be attached to the roster and the card stating the reason and must be signed by the Cheerleading Commissioner and the Head Coach of that squad.
- (F.) All safety rules must be adhered to at all games as well as practices. Any violations could result in individual, squad or park being unable to proceed to competition and or bowl games.
- (E.) Competition Participation
  - 1. Squads wishing to participate in other cheerleading competition shall advise the VP of Cheerleading prior to the competition at a date to be determined.

## **PART V**

### **ARTICLE XXXIV PENALTIES**

- (A.) The Local NYFLOA chapter will enforce the MINIMUM mandated penalties applied in the by-laws
- (B.) MINIMUM mandated penalties for specific offenses are required by the rule book to assure that the punishment for the most serious infractions will occur on a uniform basis.
- (C.) ADULT OFFENSES such as running up score can result in the following penalties:
  - 1. Intentional--a finding of "guilty" shall result in a MINIMUM of probation, up to a suspension.
  - 2. Repetitive cases—dismissal (Malice)
- (D.) ENDANGERMENT OF JUVENILES, defined as any practice placing the health, welfare and safety of a juvenile in jeopardy, including "sweating down" which applies in the broadest sense of inducing weight loss by any artificial means, including, but not limited to use of steam room or cabinets, rubber sweat suits, weight reducing or appetite stopping drugs, and/or diuretics (water pills).
  - 1. Penalties range from MINIMUM, suspension for ONE (1) Year to permanent suspension upon repeated offenses.
- (E.) TEACHING PROHIBITED OFFENSIVE AND DEFENSIVE TECHNIQUES: Teaching players and/or encouraging techniques, which can or are likely to physically hurt opponents can result in the following penalties.
  - 1. Minimum penalty is suspension for ONE (1) Year
  - 2. Maximum penalty for repeated offense is Permanent Suspension.
- (F.) FIGHTING among same team or opposing team adults or fans can result in the following penalties.
  - 1. Minimum penalty is suspension for ONE (1) Year.
  - 2. Maximum penalty for repeated offense is Permanent Suspension.
- (G.) CHEATING of any type, including but not limited to forging of birth certificates, falsification of roster cards, data or etc. shall result in the following penalties.
  - 1. Minimum penalty is suspension for ONE (1) Year.
  - 2. Maximum penalty for repeated offense is Permanent Suspension.

- (H.) THREATS of a physical nature or otherwise against any team, association or NYFLOA Authorities shall result in the following penalties.
1. Minimum penalty is suspension for ONE (1) Year.
  2. Maximum penalty is Permanent Suspension for second offense.
- (I.) BULLYING is defined as engaging in a course of conduct by means of technology or electronic communication( such as e-mails, text messages, instant messages, and posting on social networking sites) that servers as no legitimate purpose, and systematically and chronically inflicts physical harm or emotional distress on a child. **If there is any indication of any type conduct that has happen to any child in your program please respond to the proper authority and notify the league.**
- (J.) GAMBLING ON GAME OUTCOME (Self descriptive) shall result in the following penalties.
1. Suspension for ONE (1) Year MINIMUM penalty.
- (K.) LACK OF COOPERATION/OBSTRUCTION with team/association or NYFL Authorities and/or obstruction of any team or NYFL investigation into and hearing cases of a disciplinary (dispute/conflict) nature shall result in the following penalties.
1. Suspension until compliance is achieved is the MINIMUM penalty.
- (L.) CODE OF CONDUCT
1. At any NYFL event, practice, or competition, any adult who: 1) verbally abuses; 2) attempts to intimidate; 3) is flagrantly rude, or 4) cannot control their language or actions with an official, coach, or NYFL volunteer will be asked to leave THE NYFL event. He or she will receive a written warning regarding their behavior. His or her child (ren) may be removed from THE NYFL event.
  2. An adult that commits a second similar offense will be banned from NYFLOA events for the remainder of that season and their child (ren) may be removed from NYFLOA for the remainder of that season.
  3. Any adult who physically assaults an official, coach, or NYFLOA volunteer will be banned from NYFLOA and their child (ren) may be removed from THE NYFLOA program for a minimum of one year from the date of the offense. The child (ren), if removed, may not participate in another NYFLOA Association during the sanction period. After a minimum of one year, the parent may apply for reinstatement and for that of his or her child (ren). If the adult commits a second offense, he or she will be permanently banned from NYFL and the child (ren) may be permanently removed from NYFL. The term physical assault includes, but is not limited to: hitting, slapping, pushing, spitting, kicking, or striking in any way with any part of the body or any physical implement.

**SPECIAL NOTE:** FOR ANY OF THE ABOVE OFFENSES, THE MINIMUM MANDATED PENALTY MAY BE SUSPENSION AND THE ACCUSED PLACED ON PROBATION INSTEAD. HOWEVER, SUSPENSION OF THE MINIMUM MANDATED PENALTY IS NOT RECOMMENDED UNLESS THERE ARE SUBSTANTIAL MITIGATING CIRCUMSTANCES AND MALICE WAS NOT IN EVIDENCE.

(M.) VIOLATION OF MANDATORY PLAY RULE shall result in the following penalties:

1. 1st violation: Suspension (can be reduced to probation)
2. 2nd violation: Probation revoked and original suspension reinstated or Dismissal if the original suspension is still in effect.
3. Upon suspension or any penalty provided herein, an accused shall be placed on probation, the general conditions of which shall be the following.
  - a. That the accused be and remain of good behavior and that he/she strictly enforces all rules and regulation of NYFL.
  - b. That the accused prepare and submit to his NYFL his written plan to supervise implementation of the Mandatory Play Rule.
  - c. A Suspension shall last SEVEN (7) days for the FIRST violation of a season and shall continue for the remainder of the season when a SECOND violation from his association occurs.
  - d. A coach found guilty of a MPR violation during a playoff, Bowl Game or Championship shall be required to obtain concurrence of the HLA Executive Board before his reappointment as a coach in a subsequent season by his association.
  - e. In addition, a player denied his required number of plays will start the next game and receive DOUBLE the number of MPR plays in that game. The failure of a convicted coach to comply with this provision will be deemed a second violation.

(N.) Juvenile Offenses

1. FIGHTING by any means, or while done during the course of play, after a play, the acts of hitting, kicking, striking or otherwise abusing opponents shall result in the following penalties:
  - a. First Offense--Minimum removal from the game.
  - b. Second Offense--ONE (1) week suspension.
  - c. Third Offense--Removal from the team for balance of the season.

2. INTIMIDATION such verbal or physical intimidation of opponent outside the normal talk across the line (of a non-profane nature) shall result in the following penalties:
  - a. First Offense--Removal from the game.
  - b. Second Offense--ONE (1) Week suspension from the team.
  - c. Third Offense--Removal from the team for balance of season.
3. DISRESPECT FOR AUTHORITY, which is any act of disrespect directed at or towards any Team, Association, NYFL Authority or Game Official shall result in the following penalties:
  - a. First Offense--Removal from game.
  - b. Second Offense--ONE (1) Week Suspension.
  - c. Third Offense--Removal from the team for balance of season.

(O.) Team & Association Offenses

1. FAILURE TO KEEP FAITH WITH JUVENILES AND PARENTS, this charge covers the deliberate practice of a team or association, which places the Health, welfare, and safety of juveniles in jeopardy or exploits or threatens them in such a manner that the juvenile becomes a "TOOL" of the team.
  - a. To file this charge, the violation must be from team or association policy, and not be an aberration of one individual. This implies that the practice is carried out by order of, or with the knowledge of the officers' and no steps has been taken to end it.
  - b. This charge can also cover failure to supervise implementation of the MPR and the Intentional running up of scores.
  - c. Penalties shall be as follows:
    1. The MINIMUM Penalty being probation of the organization, coupled with permanent suspension of its President and all others who participated in the practice for the First Offense.
    2. Upon the Second Offense suspension of the organization until all officers are removed.
2. FIGHTING, RIOTING AND/OR INCITEMENT TO RIOT at games or scrimmages between different teams, any fight or riot between team members as opposed to a one on one altercation will be deemed as a TEAM OFFENSE rather than an individual offense. An incitement to riot is defined as heckling or "egging-on" of an opponent in a manner, which may result in a fight or riot. Penalties for this behavior shall be as follows.
  - a. Game related--Minimum forfeiture of game for the First Offense to forfeiture of the season for a second offense in one season.

- b. Scrimmage related--will be handled at the discretion of the NYFLOA.
- 3. Ineligible Players shall result in the following penalties.
  - a. Forfeiture of ALL games in which the ineligible player was a member of the team (whether or not he played in a particular game).
  - b. Teams guilty of using an ineligible player any time during the season shall forfeit all rights to be named NYFL Champion and shall be barred from participating in any Playoff or championship game. Participation in Bowl Games may also be prohibited upon recommendation of the NYFL to the Regional Director. Such prohibition may be lifted except in the case of National Bowl Games.

## **PART VI**

### **ARTICLE XXXV RULES**

#### **(A.) Field Dimensions & Equipment**

- 1. The field of play is 100 yards between Goal Lines and 53 yards wide, sideline to sideline for the 75-175 lb Boys Division. The field of play is 60 yards long and 30 yards wide, sideline to sideline for the 65 lb Boys Division. End Zones are 10 yards deep.
- 2. The Yardage Chain and Down Markers are to be operated by COMPETENT PERSONNEL supplied by the Home Team, on the Home Team Sideline throughout the game. The ONLY exception to this rule will be if a Championship or "Bowl" Game is played and SFFOA Officials comprise the Chain Crew.
- 3. The RPD Football is to be used by each team. The Referee has authority to rule on the legality of the ball with regard to color, stripes and inflation. There is to be NO argument as to legality of a football. If there is controversy, refer this matter to the Home Park Commissioner, and accept and enforce his decision.

#### **(B.) Coaches on the Field**

- 1. One coach from each team is permitted to be on his team's side of the neutral zone AT ALL TIMES for the purpose of INSTRUCTING HIS PLAYERS between downs and while the ball is alive.
- 2. The Coach is prohibited from addressing the opponents, the opponent's coaches, or the Game Officials. Any attempt to influence the Officials or call attention to perceived rule violations is an UNSPORTSMANLIKE CONDUCT FOUL.

3. In the Bandit Division, no coach will be permitted on the field after the fifth week of play.

(C.) Kicking or Blitzing

1. A DEFENSIVE Player who is NOT ON HIS LINE OF SCRIMMAGE AT THE SNAP is prohibited from charging across the Neutral Zone immediately after the snap. This exception DOES NOT APPLY when the position of the ball is established during a Roll-out or End Sweep. Violation of this rule is a FOUL AT THE SNAP.

(D.) Kicks and Non-Kicking Touchbacks

4. NO KICKS OF ANY TYPE AT ANYTIME. To put the ball in play at times when there would be a Kickoff or Free Kick under Federation Rules, put the ball on the 30 YARD LINE of the "Receiving" Team for a New Series (1) Following the Coin Toss (2) To start the Second Half (3) Following a Try for point (4) Following a Safety.
5. On 4th Down, The Offensive Team has one of the following options; (1) to run a Scrimmage Play and attempt to make a First Down. (2) Award the ball to the Opponents 20 yards down field or half the distance to the Goal Line, if the ball is on Team B's Side of the 40 Yard Line at the end of the 3rd down.
6. If Team "b" is awarded a Touchback following recovery of "A's" fumble in "B's" End Zone, or when Team "A's" fumble is out-of-bounds behind "B's" Goal Line the succeeding spot is "B's" 20 Yard Line.

(E.) Penalties

1. Major Penalties = 10 Yards
2. Minor Penalties = 5 Yards

(F.) The Mandatory Play Rules shall be in effect for all divisions of Play.

## **PART VII**

### **BOUNDARIES**

It shall be the Policy of the National Youth Football League that all area youth should be permitted and encouraged to play/cheer at an affiliated park within a reasonable distance from their home. Further, it has been determined that recruiting and park shopping, by players, coaches and parents is detrimental to the overall good of the league, its member associations and all participants. Therefore, effective with the 2006 season:

1. The boundaries of each association shall be determined, when possible, by an area approximately 4 miles to the north and south of the park, to the nearest

major street. East and west boundaries shall be determined by the location of each park to adjacent parks (see attached table).

2. A participant, who resides within the boundaries of an association (the home park), is strongly encouraged to register at that association. In the case of overlapping boundaries, the participant may choose to register at any of those associations within whose boundaries they reside.
  - A. Exceptions:
    1. Participants or their siblings residing at the same residence, registered at a park for one season shall be considered grandfathered within those Associations' boundaries, with no required waivers.
    2. Should a participant reside outside the boundaries of any association, they may register at the park of their choice, with no required waivers.
3. Should a participant choose to register at an association outside the boundaries in which they reside, they may do so by following the procedure below:
  - A. The parent or legal guardian of the participant shall request, in person, a waiver from the Local NYFL chapter Executive Board, to register at another association. Waivers may be requested at a time and place to be determined by the board.
  - B. The LOCAL NYFL CHAPTER member shall grant the waiver, in writing, after ascertaining the reason the participant wishes to register at an association outside their normal boundaries. The LOCAL NYFL CHAPTER member shall retain a copy for NYFLOA records. One copy shall be given to the requesting parent/guardian.
  - C. With a written waiver from the Executive Board, the Parent or Legal Guardian of the participant may then register at any associated NYFLOA program. The receiving association shall keep a copy of the waiver on file, with the completed registration form, and available for review by any LOCAL NYFL CHAPTER member.
  - D. No association shall register any participant from an area outside their own boundaries, without a written waiver from the executive board. This shall not apply to participants who reside in an area outside any NYFLOA boundaries.
4. When a recruiting violation is suspected, the LOCAL NYFL CHAPTER member shall note this on the copy of the wavier form retained by THE NYFLOA executive board.

5. THE NYFLOA LOCAL NYFL CHAPTER shall investigate alleged recruiting violations as prescribed within the by-laws. Any coach, team, association, or individual on their behalf, found to have recruited, or in any way encouraged participation by a child from an area outside their own boundaries shall be penalized as though a recruiting violation had occurred.
6. All member associations shall actively support the intent of the voluntary boundary guidelines. Any pattern of excessive out of area registrations shall be investigated by the LOCAL NYFL CHAPTER for possible sanctions against the offending park.
7. Any member of an existing NYFL (coach/participant) chapter may not play or coach for a new program or chapter, until the chapter or program has been established under the NYFL umbrella for a period of no less than one year.